

Training on

First Aid Training for Drivers



Objective of the course

Professional drivers spend much of their day behind the wheel of a vehicle and travel many miles. It is, therefore, quite likely that they will come across road accidents, or may be involved in one them. Where there are casualties following a road traffic collision, it is important that the correct actions are taken in order to preserve life and prevent deterioration before the emergency services arrive on scene. Having first aid training provides the skills and confidence to make a difference. Indeed in many countries it is a legal requirement to have first aid training before learning to drive.

Who should attend?

To maintain high driving standards and improve road safety all drivers who drive professionally, professional drivers of buses and coaches should attend this course.

Expected Outcomes:

By the end of the course, participants will be able to

- ▲ Learn about first aid and its importance
- ▲ Help people in trouble, on road or otherwise
- ▲ Give initial treatment to the people suffered from accidental injuries

Additional information about the Driver First Aid course:
All trainees will receive a certificate of attendance

Training content:

- ▲ Driver First Aid course outline
- ▲ Welcome and introduction
- ▲ What is first aid and why do we do it
- ▲ The role of the first aider, including reference to the use of available equipment
- ▲ Understanding the importance of basic hygiene in first aid procedures
- ▲ Assessing the situation and circumstances in order to act safely, promptly and effectively in an emergency
- ▲ Administering first aid to a casualty who is unconscious and/or in seizure
- ▲ Administering cardiopulmonary resuscitation
- ▲ Administering first aid to a casualty who is wounded or bleeding and/or in shock
- ▲ Administering first aid to a casualty who is choking
- ▲ Providing appropriate first aid for minor injuries
- ▲ Management of injuries to bones including spinal injuries
- ▲ Recognizing the presence of a major illness and apply general first aid
- ▲ Review and evaluation