

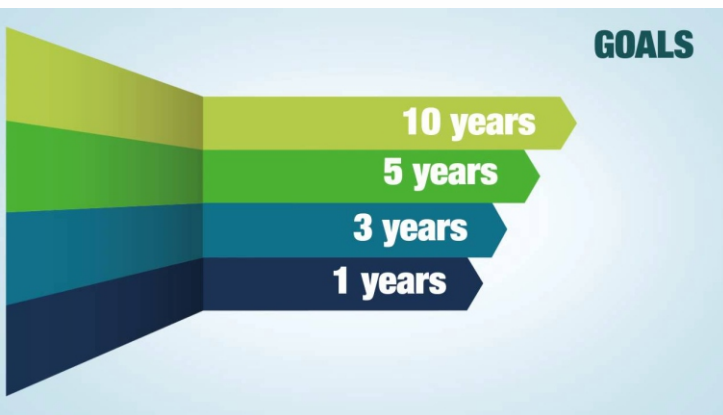


For more information write at
info@chrs.pk

Two days Training on **CAREER PLANNING AND DEVELOPMENT**

12-13 FEBRUARY

For more information write at
info@chrs.pk



Career planning and development is the continual process of managing your learning, leisure and work to progress through your life. It includes gaining and using the skills and knowledge you need to plan and make informed decisions about education, training and work. The appropriate career development strategies and advancement opportunities for every level of your career provides right pathway to successful employment.

TRAINING OBJECTIVES

This training focuses on developing participant's personality and career on improved basis. It will enable them to understand and apply certain skills in actual. Moreover, this training will highlight the importance of counseling with respect to the careers of participants. Certain practices will help to improve their performance & bring positive change in the personalities of participants thus to select the best career for themselves.

TARGET AUDIENCE

This training is designed for students, youth and professionals who want to change their careers

TRAINING CONTENTS

This training course covers the following contents;

- * Career vs. Job: What's the Difference?



- * How to Select a Career-Focused Degree
- * Career Planning Timeline for College Students
- * Individual and Group Counseling Skills
- * Individual/Group Assessment
- * Information/Resources
- * Plan your Career Goals
- * Career Assessments: Types & Benefits
- * Evaluating a Career's Cost and Benefits
- * Career Choices in Early Adulthood
- * Factors Affecting Occupational Choice: Psychological, Social, Economic, and Cultural

EXPECTED OUTCOMES

After attending this training, participants will be able to;

- Plan for their own career
- Help others with planning their career
- Develop their personalities in positive way
- Prepare themselves to go for successful career growth